

The West Wing

Restaurant

Deli Bar Menu

SANDWICH SELECTION

Classic BLT

Bacon, Lettuce, Tomato & Mayo on frshly toasted white/ brown bread, served with Salad garnish

€4.95

Classic Club

Bacon, Roast Chicken, Tomato, Lettuce & Mayo on freshly toasted white/ brown bread, served with Salad Garnish

€4.95

Sandwich selection

Home baked sweet chilli Gammon, roast Chicken, Tuna, Cheese, Tomato, Salad, Coleslaw on fresh white or brown bread
Toasted

€4.00

€4.50

Soup & Sandwich Combo

Sandwich of your choice & bowl of homemade Soup

€7.50

GOURMET SANDWICHES & WRAPS

Bacon, Avocado & Cheese Melt

Back Bacon, Avocado & melted Cheese on toasted Herb Foccacia bread, Salad Garnish

€5.50

Tuna Melt

Tuna, Mayo & melted Cheese on fresh West Wing homemade health Loaf, Salad Garnish

€4.95

Italian Open Sandwich

Buffalo Mozarella, Tomato & Pesto on herb Foccacia bread, Salad Garnish

€5.50

Hot Beef Sandwich

Roast Sirloin of Irish Beef, Dijon Mustard & fried Onions on a soft floury Bread Roll, Salad Garnish

€6.50

Roast Veggie

Roasted Mediterranean Vegetables with award winning "Carrigaline Garlic & Herb Cheese" on toasted Foccacia, Salad Garnish €5.50

Chicken, Cheese & Mango Chutney Wrap

Roast Chicken, Cheese & Mango Chutney in a toasted Wrap €5.50

Gluten free Ciabatta Bread and Bread rolls are also available

SALADS

Loughnanes Black Pudding Salad

Award winning "Loughnanes" black Pudding on a bed of Salad with Creamy piquante Piri Piri dressing, served with West Wing's homemade Health Loaf €6.95

West Wing House Salad

Apple & Walnuts on a simple crisp Salad with wholegrain Mustard & Honey Dressing €5.95

BAKED POTATOS

Don't you just love the simplicity of Spudz & Butter? €2.95

or choose from the following: Coleslaw, Cheese, Pesto, Chilli baked Gammon, Roast Chicken, Carrigaline garlic & herb Cheese, roasted Mediterranean Vegetables

1 topping €3.70

2 topping €4.90

3 topping €5.70

10 things you didn't know about The West Wing Restaurant:

- Our homemade health loaf is baked fresh every morning as well as our delicious fruit scones and desserts.
- Most restaurants serve frozen chips, we are very proud of our fresh home cooked Chips
- Bertie Glancy, Glancy Seafoods, Tuam, delivers our fresh fish every morning
- Our 100% Irish Hereford Beef is supplied by..... these cattle enjoy grazing in the foothills of Donegal!
- Our Pork & Bacon is also supplied by local producers Crossfine Foods of Cross, Co. Mayo
- Our Carvery menu is changed daily taking seasonality and availability into account
- The grinder on our coffee machine is regularly checked by local suppliers Jim & Mary of GMR Coffee, Claretuam, to ensure those 100% arabica beans are being ground to perfection
- We only use award winning " Loughnanes" Sausages and Pudding in our popular cooked Breakfasts
- West Wing caters for parties in your home, pick up an outdoor catering menu before you leave today
- We reward loyalty, pick up a loyalty card today. Who says there's no such thing as a free lunch?